

Raising Boys & Girls Episode 160

DISCUSSION QUESTIONS

1. What feelings come up for you when you think about parenting teens? How might “parenting like a farmer” or “an opportunity mindset” as Kristen talked about shift your perspective?
2. Kristen stated that “Parenting starts with the heart of the parent,” connecting our tendencies toward overparenting or underparenting to what is ruling our hearts. Do you tend more toward overparenting or underparenting? What “idols” or fears do you see driving your parenting?
3. Kristen talked about parents modeling redemptive living, which includes confession, repentance, forgiveness, and grace, as the normal pattern in our homes. If this is difficult or new to you, what holds you back from confessing and seeking forgiveness from a child (or spouse)? What does it mean to lead with grace, and what fears might you have about this approach?
4. In what ways might you better connect with your child/children?
5. What change or growth have you noticed in yourself resulting from parenting through trials? How might these serve as memorial markers to help sustain you when future trials occur?
6. God loves our kids more than we do and their stories are still being written. How might this truth help sustain you when things are not what you hope?
7. Did anything else from this episode stand out to you? If you were left with questions or wanting more, grab Kristen’s book *Parenting Ahead*, or send a DM on Instagram @redemptiveparenting for future content ideas.

